



Toileting & Toilet Training Policy

Toileting

Children will use the composting toilet when in the setting. A practitioner will accompany them and assist if needed, children are encouraged to wipe themselves and a practitioner will help and check to ensure they are cleaned thoroughly. A further staff member will be available to supervise and assist where required.

Children are encouraged to maintain their own hygiene by washing or sanitising their hands. They will be reminded or assisted by the accompanying practitioner.

The toilet door is to remain open during use for the children with a privacy curtain pulled across for safeguarding purposes.

Nappies

Nappies are changed as and when needed, and routinely before lunch and later in the afternoon. Wet nappies can be changed standing up to avoid stripping the children causing them to get cold. When changing soiled nappies, again as many layers are left on as possible to prevent chill. The children are welcome to come in pull ups; however normal nappies are preferred for changing times as they can be changed without fully stripping the child (again to prevent them getting cold). The exception to this is if a pull up is being used specifically to aid toilet training.

Nappies are changed in the shed or cabin in an area to allow the child privacy but so the practitioner is in full view to ensure safeguarding. Parents are to provide nappies and can provide wipes and cream from home if preferred. Otherwise, Aldi own brand sensitive wipes and Sudocrem will be used (permissions attained on Blossom). See Infection Control Policy for further details.

Toilet training

On site we have 2 compost toilets, one in Forest School and one by the cabin. We do not have a potty as without running water it is not possible to keep it sanitised. Therefore, it is important that children can use the toilet at home prior to starting toilet training with us.

As we are an outdoor nursery, from experience, we have found it easier to assist with toilet training in summer. As you can imagine, in winter children are wearing more layers which interferes with their ability to recognise when they need to toilet. More layers, also means they will be on the toilet for longer due to the time required to undress them which can also result in the child relieving themselves prematurely. As and when accidents do happen, the children run the risk of getting cold whilst we change their clothing.

We regularly remind and encourage children to use the toilet, but we also depend on each child's ability to understand, communicate, and express their toileting needs. If your child is newly toilet trained, we will ask them more frequently - usually hourly.

If parents wish to use pull-ups in the interim and have staff take them to the toilet to help get used to the routine and facilities, we find this helps them to adjust well.

Finally, if your child is toilet training, please provide plenty of spare clothing including underwear, t-shirts, trousers, socks, waterproofs and wellies.

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